

# Chapter Newsletter May 2024

## President's Message

Dear PMI TLH Community,

The recent storm which came through Tallahassee has undoubtedly caused disruption and hardship for many in our community. The PMITLH Board and I hope you and your loved ones are safe and you are surrounded by the strength and support of others. In times like these, I am reminded of how resilient we are and how our community always bounces back from any setback with resilience. Resiliency is certainly a quality that is needed during serve weather conditions as well as in our professional lives as project managers. As we continue to look forward to the future, the PMITLH Chapter is committed to creating a supportive environment where professionals can learn, grow, collaborate and succeed in their project management careers.

Here are some recent highlights of our initiatives:

Chapter Meeting Venue: In March we held our first chapter meeting at our new location - Parkview at Cascades. This beautiful venue is jointly owned by the City of Tallahassee and Leon County and is part of the overall plan for the revitalization of the Cascades Park area. We agree that it is something to be proud of! On June 3rd, we will be hosting Joanne Gallagher, founder and CEO of Strategic Optimization and Research (SOAR), who will present on the topic of Organizational Change Management.

Call to Action: We are currently looking for two volunteers to help our team: VP Programs and Director of Sponsorship. If you are interested, please reach out to <a href="mailto:vpcomm@pmitlh.org">vpcomm@pmitlh.org</a> ASAP — the window for VP Programs ends May 17th. Your active participation is what makes our chapter thrive. I encourage you to take full advantage of the opportunities available to you. Attend our events, volunteer for our initiatives, and share your ideas on how we can continue to grow and improve. Together, we can achieve great things and make a lasting impact on our profession and community.

Thank you for being a part of our vibrant community. I look forward to seeing you at our upcoming events and working together to achieve our shared goals. For more information on our events, please visit <a href="https://www.pmitlh.org">www.pmitlh.org</a>.

Warm regards, Shajil K Kalathil PMI TLH President



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## **Upcoming Chapter Events**

#### Hands-On Workshop: Appling Atomic Habits to Business Scenarios

Eastside Branch Library (Pedrick)

May 17 @ 1pm-4:30pm

In this half day workshop facilitators will apply the lessons of James Clear in *Atomic Habits* to managing projects and improving leadership and business skills. Participants will look at real world examples where the book's principles have made a difference in an incremental manner as well as exercises which will help build confidence in their ability to enable and sustain positive change.

Register here!

PMITLH
HANDS
ON
WORKSHOP



#### Happy Hour Mingle at Island Wing Company

1370 Market Street

May 30 @ 5:30-7pm

End your workday with PMI Tallahassee! Eat, Drink, and Connect with each other, swap business cards and resumes, and talk about the exciting things the PMITLH Chapter has in store! **Don't miss this excellent opportunity to get to know employers/recruiters** - relationships that may come in handy should life throw you a curve-ball! Register here!



#### June Chapter Meeting

Organizational Change Management
In-Person at Parkview at Cascades & Virtual
June 3 @ 5:30pm-7:30pm
Registration open now!





#### **PMP Exam Study Session**

Eastside Branch Library (Pedrick)

June 14 @ 1pm-4:30pm

PMP Exam Study Session facilitated by Keith Mathis of The Mathis Group, a PMI Authorized Training Partner.

Register here!





#### **Book Club Series: Smart Brevity**

Bruce J Host Northeast Branch Library or Virtual

Julu 18 @ 6pm-7:30pm

Please join us for our first hybrid book club meeting of the year. In this book, the authors challenge us to say more with less. They advocate for deliberate brevity so to make best use of audience time and attention, and to reduce the risk of being misunderstood. As always, we encourage but do not require that you read the book. Come join us and be prepared to discuss and learn. Register here!



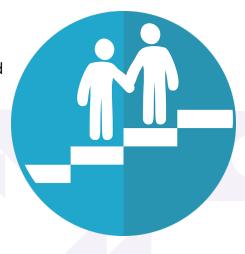
## PMI Tallahassee Chapter Newsletter

**May 2024** 

## The Power of Mindset and Mentorship

by Deidra Jones, PMI TLH VP of Administration

There is no question that communication is a critical skill for project managers; however, the power of mindset and mentorship cannot be overlooked. Throughout my project management career, I have relied heavily on my communications skills for clarifying project goals and objectives and leading project teams to ensure everyone understands their roles and responsibilities, but without the support and wisdom of amazing mentors that have helped me to cultivate a resilience mindset I would not have developed the assurance to approach project challenges with strength and confidence.



In fact, project management is as much about handling challenges and setbacks as it is about planning and execution. A resilient mindset is one that is characterized by adaptability, optimism and is growth orientated. Also, having a mentor provides invaluable support and guidance for a project manager. A mentor can provide insights based on their own experiences which can lead to accelerated growth and confidence.

Combining a strong mindset with mentorship creates a powerful synergy which helps project managers lead with confidence, adapt to change, and drive successful outcomes. If you are interested in being a mentor for one of our PMITLH Chapter members or you would like to be a mentee, please contact us by sending an email to the PMITLH Board pmiboard@pmitlh.org. We would love to hear from you as we continue to build our mentoring program.

## **Project Management Externship Wanted!**

One of our members, Deanna Edwards, has a friend who advises high school students (assists with college applications, prep, etc.). She has a student in Tallahassee who is seeking an externship with someone who's a project manager.

If you are interested and willing, or would like more information, please contact Lonna Peterson (vpvol@pmitlh.org). She will connect you with Deanna.

What a great way to Give Back and help mentor our future generation of project managers!



# PMI Tallahassee Chapter Newsletter May 2024

## **Board Member Spotlight**

### Meet our Vice President of Professional Development, Renee Luallen!



Renee Luallen is the chapter's VP of Professional Development and is responsible for the development of Chapter education activities, including establishing and managing Chapter professional development programs, and maintaining relationships with PMI Authorized Training Partners, local colleges and universities.

Renee moved to Tallahassee in 1997 after earning her Master's Degree in Project Management. She's applied her skills in project management for positions in both state government and private companies throughout her career. During this time, she became a

certified PMP in 2008. She currently works at the National High Magnetic Field Laboratory as the DC Field Coordinator.

Renee enjoys traveling and spending time with her family, including two dogs and two cats. She is looking forward to networking with, and giving back to the local community in her new role in the Chapter.

## Membership Minute

#### **New PMI Certifications**

Congrats to our newest PMI certification holders! Joseph McCormick, PMP; Kennetha Anderson, DASM & PMP; Brooke Vilardebo, PMP; Steven Welsh, PMP; Jean (Raymond) Calixte, PMP; Prabir Biswas, PMP

## **New Chapter Members**

Welcome to our newest chapter members! Shinita Mercer, Nicole Butcher, Sherry Stafford, Christina Keyser, Roberto Lago, Suzanne Mandel, Shyam Mistry, Astra Stephens, Renita Lovell, Devonte Sconiers, Michelle Mayne, Manit Patel

### Join PMI Tallahassee Chapter with a complimentary membership!

The Guest Pass Program covers the cost of chapter membership for the remainder of your PMI membership cycle. For more information, please email <a href="mailto:vpmemb@pmitlh.org">vpmemb@pmitlh.org</a>

## **CONNECT with PMI Tallahassee!**

Follow us on social media for news, upcoming events & job postings.





